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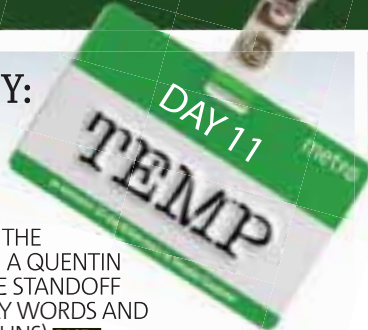
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NEWS
WORTH
SHARING.

EMERGENCY: DANIMAL DOWN

SHANNON'S BOSS
TAKES A PUNCH IN THE
STOMACH DURING A QUENTIN
TARANTINO-ESQUE STANDOFF
INVOLVING MOSTLY WORDS AND
EMOTIONS (NOT GUNS) **PAGE 9**



Stepping up in typhoon aftermath

Londoners fear for families
back in the Philippines, raise
awareness after disaster

PAGE 2

Have a porn preference?

In a groundbreaking study,
researchers at Western
University are looking for
anonymous subjects to
divulge their viewing habits

PAGE 4

Lightning continues to strike

London's basketball club
reels off 3 straight wins after
rocky start to 2013-14
season

PAGE 17

London must act to attract jobs, says city planner

'Critically low.'

Supply of industrial
land needs a fix



MIKE
DONACHIE
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Industrial land supports 30
per cent of jobs in London,
but there's a problem.

There just isn't enough of
it.

City staff have sent a
warning to council members,
ahead of Monday's strategic
priorities and policy commit-
tee meeting.

As city planner John Flem-
ing explained Sunday, the
city's supply of industrial
land is "critically low." There
aren't enough big sites, he
added, and not enough land

By the numbers

- City-owned industrial
land available totals 235
hectares.
- Of that, 116 hectares is
north of the Thames River.
- Just 65 hectares is
serviced, south of the
river and on sites larger
than 5 hectares.

is connected to services.

When potential employers
come looking for places to set
up factories, London needs to
be ready, says Fleming.

"A third of all our employ-
ment is located on industrial-
zoned land," he said. "That
shows that it's not just in gen-
eral terms but in very specific
terms that these industrial
companies that we're refer-

ring to employ an awful lot of
Londoners.

"Our strategy in how we
attract new industrial de-
velopment to these sort of
areas will be a very import-
ant part of our employment
growth."

City staff have completed
a detailed analysis of what po-
tential employers are looking
for. London's target sectors
include food processing, auto-
motive companies, defence,
health sciences and IT.

The conclusion is that,
although London does have
land available now, the city
needs to plan ahead to avoid
missing future opportunities.

Councillors have already
agreed to, and budgeted for,
the purchase of 100 hectares.
Staff want another 100 hec-
tares added to that before the
end of 2016.



HOT STREAK ON THE ICE

London's Tessa Virtue and Scott Moir of Ilderton perform during Saturday's Trophee Bompard in Paris. The
pair took gold in ice dance, coming in nine points better than the Russian runners-up. THE ASSOCIATED PRESS

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Philippines. Petition asks for chance to stay in touch

Contact with families in the Philippines is vital in the aftermath of Typhoon Haiyan.

That's why Canadian K.D. Faustino, who lives in Calgary, is asking this country's phone companies to help those worried about relatives.

"A few days ago I learned that major American phone companies like AT&T are allowing free long-distance mobile and landline calls and texts to the Philippines until Nov. 30 to allow families to stay in contact during the crisis," said Faustino in an email to Metro.

"I started a petition asking Rogers, Bell and Telus if they would consider doing the same for the Filipino Canadian community.

"It is a small gesture that would mean so much and would provide peace of mind as we are all doing our best to send aid home."

She recognized that Rogers, Bell Canada and Telus "are already being generous," having made donations to the Red Cross and setting up text-to-donate programs.

Telus is allowing free long-distance from landlines in Alberta and British Columbia.

Faustino's petition at change.org/haiyanfreecalls asks the companies to allow free calls during the crisis.

MIKE DONACHIE/METRO

On the web

For more local stories
go to metronews.ca



Sherline Pace, left, and Aida Osborne wore traditional costumes from the Philippines as they performed a Binoyugan dance at Sunday's typhoon fundraiser.
MIKE DONACHIE/METRO

Locals show solidarity in typhoon aftermath

Londoners fear for families in Philippines.
Effort made to raise awareness about plight of the poor after disaster



MIKE DONACHIE
mike.donachie@metronews.ca

"I didn't sleep Friday night, Saturday night, Sunday night," said Linna Johnson. "I was glued to Facebook."

Johnson's fears for her family in the Philippines are reflected across Canada as communities come together to help those affected by Typhoon Haiyan.

Londoners like Johnson, who came to Canada in 1982 and has lived in London since

1988, have been desperate for any tiny piece of information that might give them hope.

Almost 4,000 people have died, and more than 1,000 are missing, after severe weather tore through the southern Philippines last weekend.

Johnson's brother Edgar Necessario lives in the region with his wife, Zaul, and their four children. Two of the children, Charise, 18, and Jamaica, 16, were at home alone when the typhoon hit.

With the rest of the family on another island, the teenagers piled furniture against the doors to keep them closed. They survived, but their home was badly damaged and is one of very few buildings left standing.

"They were texting, 'The roof is gone,'" said Johnson.

Coming events

- A fundraiser and Christmas party will be run by the Filipino Canadian Association of London and District at 6:30 p.m. Dec. 7 at St. Justin's Parish, Fred W. Merrill Hall (855 Jalna Blvd.).
- A concert and silent auction will be run by the Filipino association and the London Multicultural Community Association from 2 to 5 p.m. Dec. 1 at Aeolian Hall, (795 Dundas St.).

know how strong the typhoon was going to be."

As communications collapsed, Johnson faced a nerve-racking wait for news, but has since heard all of her family are safe.

Now she and the rest of London's diverse community are trying to help the victims. People with families outside the Philippines can expect some support, but others need help too.

A fundraiser was held Sunday at the South London Neighbourhood Community Centre, organized by the London Multicultural Club.

The club's Deeq Abdi said it follows money- and awareness-raising events for Haiti, Japan and East Africa and lets Londoners show solidarity with people around the world.

"I was texting my brother, 'Are the girls going to be OK?'
"He said they knew what to do. But my brother didn't

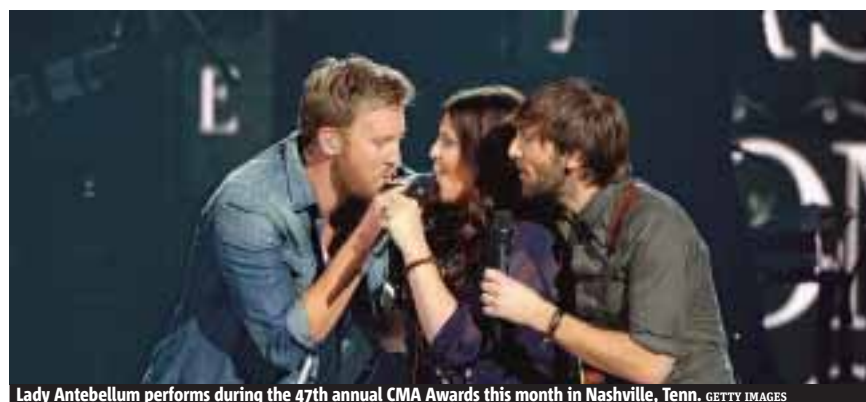
They'll own the night of March 1. Lady Antebellum bringing tour to London

Lady A is bringing their twangy harmonies to London. The country trio of Hillary Scott, Charles Kelley and Dave Haywood have booked Budweiser Gardens for a March 1 show as part of their Take Me Downtown Tour.

The tour promotes the de-

lux edition of Golden, the group's fourth studio album. The group's latest single, Compass, was released Oct. 1.

Tickets range from \$56.25 to \$91.25 plus service charges. They go on sale at 10 a.m. Friday. Visit budweisergardens.com for details. METRO



Lady Antebellum performs during the 47th annual CMA Awards this month in Nashville, Tenn. GETTY IMAGES



Chef Scott Baechler is sharpening his knives as he prepares to compete with the world's best in Switzerland.

MIKE DONACHIE/METRO

Slicing and dicing with the best chefs

Culinary trip.

Fanshawe College instructor heads to Europe to take on other top chefs

It's a mouth-watering prospect: Representing Canada in an international cooking contest.

Chef Scott Baechler is getting ready to do just that. He flies to Europe on Monday for the renowned Salon Culinaire Mondial, which pits top chefs against one another.

Ten teams of elite culinary creators will clash in Basel, Switzerland, in front of thousands of spectators.

"This is the national culinary team," said a proud Baechler, 41, who is a chef instructor at Fanshawe College. "Just like you would have

At a glance

- The Salon Culinaire Mondial is held every six years and is organized by the World Association of Chefs Societies and the Swiss chefs association SKV.
- It pits 10 teams against each other and takes place at Igeho, an international exhibition for hotels and catering in Basel, Switzerland.
- More than 80,000 visitors are expected at the elite competition.

with any other national team, like hockey or anything else, it's kind of like the elite."

There's a big commitment in taking part, said Baechler,

who teaches first- and second-year students at Fanshawe.

"It's a four-year journey," he said. "This year it's Basel, Switzerland, and next year the team will go to Luxembourg (for the Culinary World Cup).

"The year after that is the American Classic then the next year (2016) it's the Culinary Olympics in Germany."

As part of a six-person team, Baechler can expect to cook in a range of events. His particular expertise is in fish and, despite keeping most of his plans under his white hat, he did reveal that his creations involve cheese salad and seafood.

What's Baechler's advice to people looking to get into high-class cooking? You have to give 100 per cent.

"It's a lifestyle," he said.

"It's not just a job."

MIKE DONACHIE/METRO

Meadowlily Footbridge takes big step forward

A link across the Thames River and a link with the past had a big day Saturday.

It's been a long path for the Meadowlily Footbridge, but its revitalization was celebrated after \$1.9-million worth of work was completed.

City staff and politicians joined with members of the Hamilton Road Community Association, the Friends of Meadowlily Woods Community Association and the London Advisory Council on Heritage to celebrate the re-opening of the bridge, which has been designated a heritage structure.

The footbridge had been closed since April, at the start of its rehabilitation.

The work included removal of concrete and timber decking and installation of a full-width timber deck, repairs to the concrete abut-



The Meadowlily Footbridge.

FACEBOOK PHOTO COURTESY OF GARY ZAVITZ

ment and structural steel trusses, sandblasting and repainting, upgrades to lighting and improvements to adjacent landscaping.

The bridge's north and the south approaches were also revamped to tie into the Thames Valley Parkway

At a glance

- Originally called Meadowlily Bridge, the structure was built in 1910 by the Hamilton Bridge Company so farmers could reach the Meadowlily Mill.
- It was closed to vehicle traffic in 1965, and has been in need of repair since 2007.

system.

"We are ecstatic to return this bridge to its fully functional intended use, able to retain its heritage aspects while meeting structural design requirements of the current bridge code," said city engineer John Braam.

MIKE DONACHIE/METRO

Investigations

Weekend deaths not suspicious, police say

London police and the coroner are investigating after two men were found dead early Saturday in separate incidents.

The body of a 19-year-old was discovered at about 1 a.m. in an area under the Blackfriars Bridge near downtown.

A 63-year-old was found dead at about 3 a.m. on the rail tracks near the Adelaide Street overpass south of York Street. The man is believed to have been hit by a train, police said. **METRO**

Highway 3

Crash victim's identity revealed

The OPP have identified a St. Thomas man as one of two drivers killed in a crash on Friday on Highway 3.

Patrick Harmon, 46, died after being transported to hospital. The second person killed was driving a Pontiac Grand Prix and has not been identified, police said. Harmon was driving east near Belmont Road about 6:30 p.m. when the westbound Grand Prix crossed the centre line causing a head-on crash. A third vehicle was also involved in the crash. **METRO**

Fiery accident

Stolen vehicle crashes in east end

Police say a vehicle reported stolen Nov. 14 was involved in a fiery Friday crash.

Officers called to Edmonton and Whitney streets in east London at about 10:30 p.m. found two vehicles with severe damage. A tree and a gas meter were also hit, causing a fire.

The people in the stolen vehicle left the scene and it's unknown if they were injured. Those in the other vehicle received minor injuries. **METRO**



Good friends. Good food. Good times.

TEMP2710

MARGARITAS
& Chicken
Fingers

Heart health. Experts open door to possibility of ending invasive surgeries

Once, not so long ago, open-heart surgery was seen as the peak of medical achievement.

But now other types of research are taking its place. Experts in the field are even considering whether advances in medical therapy will one day make cardiac surgery obsolete.

The question is being asked Monday at Western University, as a panel of top cardiovascular researchers and physicians discuss the eye-opening question: Is the day coming when cardiac surgery will not be necessary?

More than 200 people have registered for the free event, which will also feature a question-and-answer period. It's been emphasized that presentations will be in plain language that can be understood by people who aren't doctors.

The panel is moderated by Dr. Peter Lin, director of the Canadian Heart Research Centre, and features

If you go

- The public forum is hosted by Robarts Research Institute.
- It takes place from 12:30 to 1:30 p.m. Monday in Auditorium A of University Hospital, London Health Sciences Centre, as part of the J. Allyn Taylor International Prize in Medicine Symposium.

Dr. Salim Yusuf, recipient of the 2013 J. Allyn Taylor International Prize in Medicine, and director of the Population Health Research Institute at McMaster University.

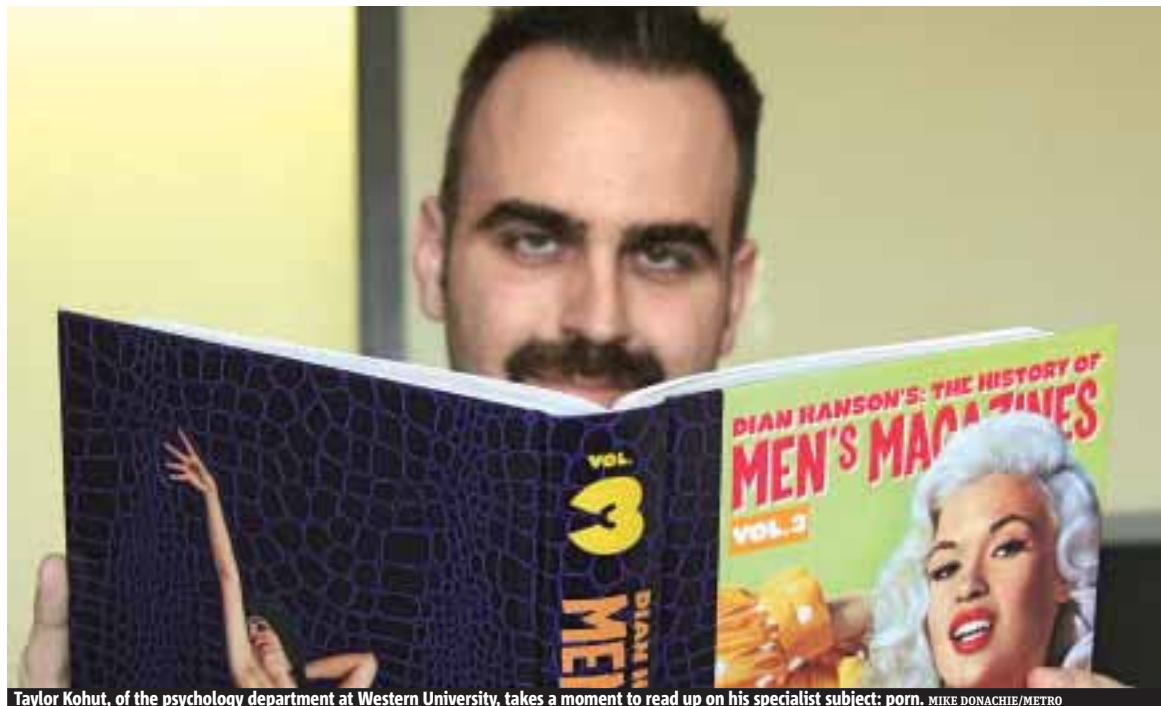
Other panellists include Dr. Michael Farkouh of the University of Toronto, Dr. Guillaume Pare of McMaster University, Dr. Geoffrey Pickering of Robarts Research Institute and Graham Wright, of Western's Schulich School.

METRO



Love at first swipe

Coun. Stephen Orser gets a not-so-friendly hiya from his cat Tiger. Cats are good for your health, Coun. Orser told city council, saying he'd read research that pet ownership cuts your risk of heart attacks. So he promised, during the city's recent debate on the new animal-control contract, that he would rescue a cat. He's collected his new pet from the London Human Society and taken him home. Orser has assured Metro that Tiger is a happy addition to his household, despite a brief moment of conflict soon after they met. No cats or councillors were harmed in the making of this picture. CONTRIBUTED



Taylor Kohut, of the psychology department at Western University, takes a moment to read up on his specialist subject: porn. MIKE DONACHIE/METRO

Porn researchers asking for a hand

Western University. Professors looking for anonymous subjects in groundbreaking study of private viewing habits



MIKE DONACHIE
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Do you look at pornography, but are too shy to admit it? That's the problem, say Western University researchers. Lots of people use porn, but too few people own up to it.

So they have made an unusual appeal: They want people to talk frankly — but

anonymously — about their porn preferences to help a historic study of its effect on relationships.

"We know that a lot of people are consuming pornography, both men and women," says Taylor Kohut, research assistant in the department of psychology. "We've known this for quite some time, although specific numbers are hard to pin down. We know that some people think this is affecting their relationships in different ways. What we don't know is why or how."

There has been research into porn and sexual behaviour for more than 40 years, says Kohut, but no definitive study during the Internet age.

You won't be XXX-cluded

Can you take part in the research? Absolutely. Here's how to volunteer:

- The study itself can be found at goo.gl/duuwmW.
- For more information, go to smartla5.wix.com/smart-lab.
- A special appeal is being made for people who don't use porn but have a romantic partner who does.

The work at Western, led by professors Dr. William

Fisher and Dr. Lorne Campbell, will be a first for the study of sexual health. It's been awarded a government grant of \$144,570 through the Social Sciences and Humanities Research Council.

An online questionnaire asks what people look at, whether they do it alone or with a partner, and how it affects their relationship.

"So far, we're seeing a huge range of things," Kohut said.

That includes negative and positive impacts on how couples get along.

But what's the overall effect? Nobody knows, and the aim is to change that; over the coming months, the experts hope to find out.

Special Olympics honour London police

At a glance

- Special Olympics London services more than 400 athletes, with more than 200 volunteers supporting a variety of programs.
- Local athletes participate in 17 sports.

The London Police Service and the London Law Enforcement Torch Run Committee earned some special praise late last week.

Special Olympics London has honoured the pair with their highest community award for their support of the organization.

Chief Brad Duncan accepted the 2013 Fans of the

Year award on behalf of the men and women on the force.

Many of the people he was representing volunteer their time to raise money, coach, socialize and play challenge games with the athletes.

"As police officers, we are considered heroes for the job we do every day, but to us, you are our heroes," Duncan said. "As athletes, you train

hard, compete with heart and, win or lose, you appreciate your fellow competitors. Special Olympics athletes are true athletes who represent the true meaning of sport."

The London Law Enforcement Torch Run Committee is consistently one of the top fundraisers for the Ontario Law Enforcement Torch Run.

SCOTT TAYLOR/METRO

Southern California

Two injured in drone accident

The Navy says an aerial target drone malfunctioned and struck a guided missile cruiser during training off Southern California.

Lt. Lenaya Rotklein said two sailors were treated for minor burns after the ship was struck. She had no immediate information on whether the drone has malfunctioned before. **THE ASSOCIATED PRESS**

Britain

German mag says Brits monitor hotels

The German magazine Der Spiegel says the British intelligence agency GCHQ monitors bookings of at least 350 luxury hotels around the world to automatically track foreign diplomats and government officials who might be staying there.

The magazine cites documents provided by NSA leaker Edward Snowden that showed GCHQ began its "Royal Concierge" program more than three years ago.

GCHQ declined to comment on the report.

THE ASSOCIATED PRESS

Getaway on motorcycle

Almost 1 year after capture in Nigeria, hostage escapes

A French engineer kidnapped in northern Nigeria 11 months ago escaped on a motorcycle without paying ransom and will fly back to France Sunday, police said. Francis Collomp escaped from his abductors and went to the nearest police station. **THE ASSOCIATED PRESS**

Johannesburg. Mandela still unable to speak

South Africa's former president, Nelson Mandela, remains "quite ill" and unable to speak because of tubes that are keeping his lungs clear of fluid, though he is relaxed, his former wife told a South African newspaper.

"He is 95 years old and it is difficult for him, because of all the tubes that are in his mouth to clear the



Some urban Chinese couples will now be allowed to have a second child. Experts estimate that the first easing of China's one-child policy will result in 1 million to 2 million extra births per year in the first few years. NG HAN GUAN/THE ASSOCIATED PRESS

China eases 1-child policy

Population growth. Couples where one partner is an only child are now able to have a second baby

Don't expect a new Chinese baby boom, experts say, despite the first easing of the country's strict one-child policy in three decades.

Some 15 million to 20 million Chinese parents will be allowed to have a second child after the government announced Friday that couples where one partner has no siblings can have two children.

But the easing of the policy is so incremental that demog-

raphers and policy-makers are not anticipating an influx of newborn babies at a time when young Chinese couples are already opting for smaller families.

"A baby boom can be safely ruled out," said Wang Feng, professor of sociology at the University of California Irvine.

Wang noted that although Chinese couples where both parents have no siblings have for some time been allowed to have a second child, many have elected to have only one.

Experts estimate that the new rule will result in 1 million to 2 million extra births per year in the first few years, on top of the 16 million babies born annually in China. **THE ASSOCIATED PRESS**

Reproductive rights

China's government began to implement birth planning policies in the 1970s and placed a de facto one-child limit in 1980.

- It eased restrictions in 1984 to allow many families to have two children, including couples who do not have any siblings and rural couples whose firstborn is a girl.
- Some have managed to have additional children by paying fines, or, in recent years, by giving birth outside China.

NYC. Interracial couple a first in American politics

Another milestone is passing in America's racial journey: The next mayor of New York City is a white man with a black wife.

Even as interracial marriage is more accepted than ever in the U.S., Bill de Blasio's marriage to Chirlane McCray is remarkable: He is apparently the first white politician in U.S. history elected to a major office with a black spouse by his side. **THE ASSOCIATED PRESS**



New York City's next mayor, Bill de Blasio and his wife Chirlane McCray. ANDREW BURTON/GETTY IMAGES

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Perks. Federal workers rewarded with more than \$100K of gifts each year

Hockey tickets, camcorders, iPods, spa visits — even a gift card to the liquor store.

This is some of the half-million dollars of booty that one federal department handed out to favoured workers in the last five years.

The Treasury Board Secretariat, with about 1,900 employees, now spends well over \$100,000 each year on rewards for staff.

The annual value has quadrupled since 2006, when the Conservative government first came to power.

The value hit a peak of

\$135,000 in 2011, the year the Conservative government began cutting staff and programs to wipe out the federal deficit by 2015.

Treasury Board President Tony Clement has recently criticized the benefits available to public servants, and publicly vowed to trim them, putting him at odds with unions.

But internal documents show his department has been ever more generous with its so-called Instant Awards program, sometimes handing out goods and services worth as much as \$500 a pop. **THE CANADIAN PRESS**

Instant Awards program

- The cheapest employee rewards have been \$10 gift cards for coffee shops or for a bowling alley.
- At the high end, many employees were given \$500 gift cards for use at Best Buy, for example,

or at the downtown Rideau Centre mall for merchandise.

- One worker in the "expenditure management sector" got a \$50 gift card for use at any Liquor Control Board of Ontario outlet.

Pakistan planning to try ex-president for treason



Pakistan's former president Pervez Musharraf, centre, leaves after appearing in court in Rawalpindi, Pakistan in April. Pakistan's government plans to put Musharraf on trial for treason for suspending the constitution while in power. ANJUM NAVEED/THE ASSOCIATED PRESS FILE

Musharraf. Former leader could face death penalty if convicted for suspending constitution while in power

Pakistan's government plans to put former president Pervez Musharraf on trial for treason for declaring a state of emergency and suspending the constitution while in power, the interior minister said Sunday.

Musharraf, a former army chief, would be the first military ruler tried for treason in a country that has experienced

Charges

"The constitution was ruined and violated. The judiciary was humiliated."

Pakistan Interior Minister Chaudhry Nisar Ali Khan

three military coups in its 66-year history. He could face the death penalty or life in prison if he is convicted, but some question whether the country's powerful army actually will let that happen. Musharraf has maintained his innocence.

The government plans to send a letter to the Supreme Court on Monday asking that treason proceedings begin under Article 6 of the constitution, Interior Minister Chaudhry Nisar Ali Khan said during a news conference. The government made its decision after an investigating committee formed under the direction of the Supreme Court collected enough evidence for a trial, Khan said.

He insisted the government's decision to put the former president on trial was not a personal vendetta by Prime Minister Nawaz Sharif, who was toppled in a military coup by Musharraf in 1999.

THE ASSOCIATED PRESS

Students in Bulgaria demand end to corruption



Students raise their hands to signal they are participating in a non-violent protest near the Bulgarian Parliament during an anti-government protest in Sofia last Tuesday. VALENTINA PETROVA/THE ASSOCIATED PRESS

Ivaylo Dinev believes the time has come to change his world. To do so, he's chosen a tactic straight from the 1960s — the sit-in.

The 24-year-old anthropology student is the informal leader of a group that has occupied Sofia University's main building since the end of October in hopes of forcing Bulgaria's Socialist-led government to resign.

"We want morality in politics; we want our politicians to work for the people and not for the Mafia," Dinev said.

Taking a stand

"We cannot just stand and watch these atrocities that are happening in the country; we cannot sit at home and wait for new elections."

Alexander Popov, 25, one of the students injured in clashes with police.

"That is the main reason we want the government to resign."

Bulgaria has struggled for decades against corruption. In the 28-nation EU, it lags only behind Greece on Transparency International's cor-

ruption-perception index. In the country's courts, magistrates have accepted bribes to end some corruption investigations and not a single high-profile person has been sent to jail.

THE ASSOCIATED PRESS

Growing movement

- The Sofia University occupation has spawned other university sit-ins, energizing a five-month-old movement against the government over allegations its leaders have ties to shady businessmen.
- Public-opinion polls show about two-thirds of Bulgaria's 7.3 million people support the protesters.

Uganda

Man faces charges after gay images found on laptop

A British man faces a court hearing in Uganda on Monday following the publication of images from his stolen laptop of him having sex with another man.

Bernard Randall, 65, faces charges of trafficking obscene material. Randall has called the charges, which carry a prison sentence of up to two years, "nonsensical." Also charged is Ugandan

Albert Cheptoyek, who faces charges of committing an act of gross indecency and up to seven years in prison.

Randall's laptop computer was stolen from his home and then photos on the computer were sent to a Ugandan newspaper, which published them. That led to the charges being pressed against him and Cheptoyek.

Uganda has harsh anti-gay laws and the country received international attention after a lawmaker proposed a bill that would mandate the death penalty for some gay acts.

THE ASSOCIATED PRESS

Olympics. Sponsors may face pressure as Russia's anti-gay law persists

The four-month campaign protesting Russia's ban on "gay propaganda" is entering a new phase, as activists try to heighten pressure on the Olympics' top corporate sponsors to speak out before the Winter Games in Sochi.

The Worldwide Olympic Partners — among them Coca-Cola, McDonald's and Visa — have thus far sidestepped requests to explicitly condemn

the law, rebuffing efforts that included behind-the-scenes meetings and correspondence with Human Rights Watch.

Now, that organization and some of its allies have decided to go public. "It's taken months for the sponsors to formulate lawyerly responses that say nothing," said Minky Worden, director of global initiatives at Human Rights Watch.

THE ASSOCIATED PRESS

Germany

Man at centre of Munich art trove 'loved' his pictures

The recluse German collector who kept a priceless trove of art — possibly including works stolen by the Nazis — hidden for half a century says he did so because he "loved" them and says he wants them back.

Cornelius Gurlitt told German magazine Der Spiegel in an interview published Sunday that he wanted to protect the

collection built up by his late father Hildebrand, an art dealer commissioned by the Nazis to sell works that Adolf Hitler's regime wanted to get rid of.

Bavarian authorities say they suspect the elder Gurlitt may have acquired pictures taken from Jews by the Nazis — and that this may lead to restitution claims by the original owners or their heirs.

Gurlitt said everybody needs something to love. "And I loved nothing more in life than my pictures," the magazine quoted him as saying. **THE ASSOCIATED PRESS**



Vintage bags of Yum Yum potato chips featuring their "little Indian logo." RYAN REMIOWZ/THE CANADIAN PRESS

Kerfuffle over native boy logo

Quebec. Snack maker won't back down from native boy logo saying it's 'a nostalgic look at our history'

A Quebec snack-maker won't back down from plans to reintroduce a popular old logo of a cartoon aboriginal boy in a loincloth and feathered hat.

Krispy Kernels snack foods drew some criticism for a holiday marketing cam-

Derogatory? No, firm says

"Far from being a derogatory caricature, the character represents a homecoming for Yum Yum. It is witness to our roots and origins."

Krispy Kernels

paign featuring the old logo that hasn't been on the market for more than 20 years.

Its chip-package logo was well known for decades in Quebec, where the company is based.

It first appeared when the company was founded in 1959 and disappeared from the shelves in 1990 during the Oka Crisis.

The campaign comes while debate rages over Native American sports logos and team names in the U.S., as well as the ongoing Idle No More protests in this country.

Now, the logo has returned for a short time as part of a Christmas marketing campaign. Stores have begun stocking the limited edition packaging as part of the campaign.

THE CANADIAN PRESS

Rob Ford mocked on Saturday Night Live

Saturday Night Live has joined its late night TV brethren in claiming a stake in the Rob Ford comedy gold mine, lampooning Toronto's embattled mayor over his erratic behaviour.

The show opened with cast member Bobby Moynihan portraying Ford in a skit that parodied the mayor's repeated public apologies for such things as smoking crack, buying drugs, driving after drinking and using vulgar language on live TV.

The Ford character would issue a chastened apology for

actions unbecoming and then quickly follow it with an expletive laced rant against his critics. At one point Moynihan ducks behind the lectern to do a drug deal, and then is heard exclaiming "WOW! ... that's a lot of crack."

The sketch also mocked the many unflattering photographs of Ford that have graced front pages since the scandal erupted with reports of a video that appeared to show the mayor using crack. Ford was again targeted on SNL's Weekend Update segment. THE CANADIAN PRESS

'A buffoon'

Dozens of demonstrators gathered outside Toronto's city hall Saturday morning to demand that Rob Ford leave office immediately.

- They said the current moves by city councillors to strip him of his mayoral powers don't go far enough.
- The protesters called Ford a buffoon.

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Rumours of the death of cable TV have been greatly exaggerated

Cutting the cord, slowly.

While cheap streaming services are on the rise, only 3.5% of us have cancelled costly TV subscriptions since 2011

Watching television on the Internet is cheap and convenient, but so far only a small number of Canadians have cut the cord on traditional viewing as TV providers offer discount prices and spend more on programs to keep customers who pay bigger monthly bills.

The death of traditional TV watching has been overblown so far, say analysts who track viewing habits.

"The truth of the matter is the revolution hasn't

Birth of 'cord nevers'

Eric Rosenquist, who has a blog called Adventures in Canadian Cord Cutting, said a real change will come in viewing with younger Canadians, calling them "cord nevers," an industry term used to describe those who don't bother at all getting a TV subscription.

come," said Brahm Eiley of the Convergence Consulting Group in Toronto.

It's slow moving, with about 400,000 TV subscribers — 3.5 per cent — out of 11.8 million who have cut the cord since 2011, Eiley said, adding cord cutting started after the arrival of online subscription service Netflix in late 2010.

"TV is not dead," Eiley said.

Canadians watch about 28 hours of TV a week and another three hours on the Internet, according to the Canadian Radio-television and Telecommunications Commission.

But the movement to on-line viewing can't be ignored because it has a cost for TV providers. The average revenue that a TV customer generates is \$65 monthly, compared with almost \$45 for an Internet customer, Eiley said.

TV providers are fighting to keep every subscriber and Bell's Fibe TV has been leading the way with aggressive promotions noted by competitors Rogers and Videotron, which have lost customers in the intensely competitive environment.

THE CANADIAN PRESS



Bedside manner 2.0

The doctor isn't in, but he can still see you now. RP-VITA robots enable physicians to have a different bedside presence as they "beam" themselves into hospitals to diagnose patients and offer medical advice during emergencies. A growing number of hospitals in the U.S. are using telepresence robots to expand access to medical specialists, especially in rural areas where there's a shortage of doctors.

RICH PEDRONCELLI/THE ASSOCIATED PRESS

Recruiting. Irish filling skill gaps in Canada

Western Canadian construction companies that are struggling to hire highly skilled workers will be offering jobs to almost 500 skilled Irish trades people, following a recruitment drive in Dublin and Belfast.

The job fairs were organized by the B.C. Construction Association and drew about 800 people in Belfast on Oct. 31 and about 2,000 others in Dublin on Nov. 2, said Abigail Fulton, vice-president of the B.C. Construction Association.

THE CANADIAN PRESS

Random biz fact of the day

3

At least half of all job seekers with smartphones or tablets spend 3 hours or more looking for jobs on those devices every week.

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Old hens getting dumped once egg-laying dries up

Backyard chicken enthusiasts find the fun of bringing a slice of farm life into the city stops when the hens become infertile. Hesitant to kill, pluck and eat a chicken, some people abandon the animal in a park or rural area.

As a result, more old hens are showing up at animal shelters, where workers increasingly respond to reports of abandoned poultry.

"The numbers are exploding. We had hoped that the fad had peaked and maybe we were going to get a little bit of a break here, but we haven't," said Mary Britton Clouse, who operates Chicken Run Rescue in Minneapolis, Minn.

Cracking open criticism

"What you've got are all these people who don't know what the hell they're doing."

Mary Britton Clouse, who operates Chicken Run Rescue in Minneapolis

In 2001, she had six calls from people seeking homes for abandoned chickens. That rose to nearly 500 last year, said Clouse, who takes animals from the city's animal-control department and works with local humane groups to place unwanted birds.

As winter approaches the

number of abandoned chickens rises, Clouse said: "The summer fun is over."

Chickens begin laying eggs when they're four to six months old and are most productive for about two years, University of Wisconsin poultry specialist Ron Kean said. Egg production drops off significantly after that, but the hens can live another decade or more.

Urban chicken populations have been on the rise since the mid-2000s, championed by people who wanted to know where their eggs came from and whether the animals were free-range and hormone-free.

THE ASSOCIATED PRESS

Dubai Airshow

Boeing flying high as 777X purchases soar

Boeing Co.'s planned 777X long-haul airliner grabbed the bulk of orders Sunday at the first day of the Dubai Airshow, with at least 225 planes on the books.

THE ASSOCIATED PRESS

Commuting chaos

Truckers halt traffic in France to protest new tax

Between 2,000 and 4,000 freight trucks closed off major French highways and slowed traffic Saturday to protest a proposed environmental tax on heavy loads.

THE ASSOCIATED PRESS

Popular sushi-grade fish

Hold quota on vulnerable bluefin tuna: Activists

Conservationists are urging Canada not to ask for a greater quota of western Atlantic bluefin tuna when officials meet to discuss the lucrative, but vulnerable species. THE CANADIAN PRESS



Douglas Coupland

Douglas Coupland's latest novel, *Worst. Person. Ever.*, is available from Random House Canada.

Day 11

metronews.ca/temp

Financially unstable

'The bank won't lend you money'

Temporary work in Canada presents a number of uncertainties on the job, but one real-estate agent in Saskatoon said those uncertainties go beyond the office.

Agent Paul Chavady says banks aren't willing to provide mortgages to those working in temporary positions.

"The bank won't lend you money," he said. "They require a stable income where a worker is permanently employed and off probation."

While real-estate agents in Saskatoon don't usually deal with rental properties, he said he would have no problem renting a temporary worker an apartment, but said he would be hesitant about signing a long-term lease, as the financial situation of a temp is too fluid. **METRO IN SASKATOON**



GETTY IMAGES

Temp vs. Perm

16%

A recent Statistics Canada study showed that temp workers earn on average 16 per cent less than their permanent peers.

Temp Enters a Universe of Pain

It was a Quentin Tarantino standoff where everyone holds up a gun at everyone else, except there weren't guns, just words and emotions. The Danimal looked at Kyle and then at Sarah and hissed. "You cradle robber."

Sarah shot back, "What about you, Dan?" (Referring to moi.)

"I'm only here with Shannon to talk business."

"Yeah right, cowboy."

Danimal walked up closer and that's when Kyle slugged him in the gut — well, more like where your gut touches your rib cage. It sounded like a kettle-drum and Danimal fell to the floor shouting astonishingly unprintable things at Kyle and Sarah, who up and left.

"What is wrong with that kid!" shouted Dan, "Oh my God, the pain!"

"Thanks for accusing me of spying," I said.

He coughed. "Shannon, take me to emergency. I think I'm going to die."

We went to his BMW where he curled into a ball in the passenger seat while I drove.

I said, "I really shouldn't be doing this. You're mean."

"Just take me to Crown Permanente."

"Oh. Going to the rich people's hospital are we?"

"Please drive."

We arrived and Danimal hobbled out of the seat and into Emerge, an oasis of calm with tastefully matched fabrics and gentle lighting. There was a copy of *Modern Symphony* magazine



on the walnut-inlaid coffee table. We went to the desk where a supermodel was moonlighting as a nurse on duty.

Dan groaned, "I need an X-ray. Quick."

"Of course, sir. I'll need to take an imprint of a credit card. We accept all major cards."

The Danimal walked up closer and that's when Kyle slugged him in the gut — well, more like where your gut touches your rib cage.

Danimal looked in his pockets. "Oh jeez, it's in the pocket of the jacket that went out for dry-cleaning today. Just let me in. I'll bring it tomorrow. I'm totally insured."

I could see that our supermodel had been through this many a time. "I'm sorry sir, but without an imprint of a valid card with the correct credit limit, I'm afraid there's nothing further we can do."

"I—" He was speechless.

"Welcome to my world," I said. "Get back in the car. I'll take you to Saint Eustace."

"That's in the worst part of town."

"What's your point?"

So we drove off to Saint Eustace. "It's just a slug in the gut, Dan. How bad can it be?"

"He broke something. Or damaged my heart. I can tell. Oh my God, the pain!"

We pulled up to Saint Eus-

Random fact of the day

- The total weight of ants on Earth is about the same as all the weight of humans.



SOURCE: WTFUNFACT.COM

tace, which resembled the battle-ravaged Vietnamese village remains in part three of *Full Metal Jacket*. A conga line of sick and wounded people stretched out the front door and into the street. One quick wardrobe change and you'd have *Les Misérables*.

"I can't go in there," Danimal said.

"It's either that or nothing. Want me to take you home?"

"No!"

"OK, then join the line."

TO BE CONTINUED...

Random biz fact of the day

85%

Smile like you mean it — 85% of the decision to hire or promote an employee is based on the individual's attitude.

SOURCE: NEXCAREER

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NO SYMPATHY FOR WELFARE BUMS

Last week, I learned that London's anti-poverty community is advocating for a \$100 increase in the monthly rate a single adult on social assistance receives.

With the current amount sitting at about \$600, an extra \$100 would put someone on Ontario Works less than \$150 short of reaching the poverty line—in other words, \$150 short of meeting their basic living expenses. Geez, what more do these people want?

I mean, we've all seen the Facebook memes. People on welfare are living the high life. They've got the new iPhone, they're decked out in new clothes all while drinking and partying it up.

Now, some of you might be thinking: "That can't be true if those figures you mentioned are correct."

There are two problems with that.

First, you got yourself into trouble by thinking. And second, let's not waste our time with facts. They just get in the way of pre-conceived notions and attitudes. Especially when you're castigat-



URBAN COMPASS

Todd Devlin

london@metronews.ca

ing a group of people in order to feel better about yourself.

That's the beauty of so-called "welfare bums." They're easy targets. I mean, look at them, they're just scraping by. And, ask any bully, it's a well-known fact that it's easier to kick someone while they're down.

Of course, the "successful" among us are sitting in our cushy offices, pushing pencils and taking in more money in three or four days than someone on social assistance receives for the entire month.

Also, what's up with the term social assistance? It's like something the anti-poverty crew came up with to try and evoke empathy or compassion for our fellow man.

Don't be fooled, folks. The word welfare is perfect. It has come to carry just the right amount of contempt and disrespect. And last time I checked, that's exactly what people who are barely eking out an existence need, right?

Not to mention, empathy is a slippery slope.

ZOOM

The terror of the monkey's mask



COURTESY PERTTU SAKSA

Monkeys forced to dance in public

Finnish photographer Perttu Saksa has explored Indonesia's chilling world of dancing monkeys—macaque monkeys clad in dolls' masks and children's clothes, trained to behave like humans and then sent out onto the streets to beg for money.

"They are sort of a mirror," says Saksa on how he

highlighted the monkeys' weird, anthropomorphic quality.

"By making the monkeys the centre of my images, I focus on ideas of a more universal nature, like whether or not we should feel empathy towards them."

So for Saksa, the portraits are a barometer of gauging indifference towards others' suffering.

METRO

Photog's viewpoint



"They are animals, forced to behave like humans do."

Of course all of them were very stressed, some of them were sick."

Perttu Saksa, artist/photographer, 35

Clamping down

- Last month, Jakarta authorities began clamping down on street monkey performances. The city government is buying back all monkeys used as street buskers and donating them to zoos.

- Jakarta Animal Aid Network says 350 animals work as street performers.

A hearty gesture

Pope promotes prayer like meds—crowd gets pillboxes of rosaries

Joking that he's like a pharmacist, Pope Francis is promoting prayer as medicine for the heart.

Appearing on Sunday at his studio window, Francis held up a rosary in a box designed to resemble a packet of pills, before volunteers distributed thousands of those boxes, which feature a design of a human heart.

Francis said he was recommending reciting the rosary prayer as a "spiritual medicine" that is "good for the heart."

Francis's down-to-earth way of speaking, in a style ordinary people can readily understand, is drawing



A box, shaped like a pillbox, contains a rosary that was distributed at the end of Pope Francis's traditional Sunday appearance in St. Peter's Square.

GREGORIO BORGIA/THE ASSOCIATED PRESS

larger-than-usual crowds to St. Peter's Square for his traditional weekly appearances. About 80,000 tourists and Romans packed the square on Sunday.

THE ASSOCIATED PRESS

Twitter

@metropicks asked: Canada has been criticized for sending only \$5M and 1 DART team for Philippines disaster relief. What do you think is the best way to help?

@jeffoulds: Alot better then China. \$1.5 million

@matdey1980: ask the sport stars, they got money coming out if the wood works!



@jeangra68434593: Donate CASH to The Salvation Army and The Red Cross. Those on the ground know specifically what is most urgently needed & where

@SmithMuranocity: give me the 5MM we do what we can not what they want

@commsgghost: don't send Anything !!

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WE WANT TO HEAR FROM YOU:
Send us your comments: londonletters@metronews.ca

Ebooks



12 Years a Slave

By. Solomon Northup

iBooks for iPad/Mac

.....



MIND THE APP

Kris Abel
@RealKrisAbel
scene@metronews.ca

It takes an insidious plan to kidnap an intelligent, observant man like Solomon Northup, and harrowing brutality to keep him enslaved afterwards. No wonder a movie has been made of his determined escapes from strange cruelties and stranger men. This Bybliotech edition gives better care to its illustrations and makes the 160-year-old text easier to understand with audio narration.

Box office

Thor hammers competition

In an unlikely battle of sequels, Thor: The Dark World bested The Best Man Holiday at the box office. Disney's Thor: The Dark World continued its box-office reign with \$38.5 million in its second week of release, according to studio estimates Sunday. Opening 15 years after the original The Best Man, Universal's The Best Man Holiday opened strongly with \$30.6 million. **THE ASSOCIATED PRESS**



In 12 Years a Slave, Brad Pitt plays enlightened Canadian carpenter Samuel Bass, who in real life was from Ontario's Augusta Township. CONTRIBUTED

Catching Canada's Bass

12 Years A Slave. Descendants of the real-life Samuel Bass learn of their ancestor

His torment ends only after a chance encounter with an enlightened Canadian carpenter, Samuel Bass, played by Brad Pitt, who agrees to help him contact friends who can vouch for his identity.

Pitt's character is based on a real-life figure from Ontario's Augusta Township, and 160 years later, his descendants say they are amazed to learn of their forefather's brave response to a man in need.

"The movie is about Solomon Northup, right? But we would never have heard of him, I guess, if he hadn't met my great great great grandfather," says 50-year-old Kenora, Ont., resident Laurie Morris, whose mother is descended from Bass's second daughter Hannah. "For the Canadian side of things, it shows we're good people. I just imagine being down there and being the only Canadian with an opinion like that."

Morris and other descendants say they are only now discovering details about Bass, who left Canada sometime around 1840 and took on a series of carpentry jobs throughout the United States.

It turns out that other aspects of his life were not so honourable — census records show he left behind a wife, Catherine Lydia Lane, and four daughters: Catherine, Hannah, Martha Maria and Zeruah Bass, says Bonnie Gaylord of the Grenville County Historical Society in Prescott, Ont.

Morris' 75-year-old mother says that could be why she had never heard of Samuel Bass until 12 Years a Slave.

"He wasn't talked about in our family. I guess it was because he was never around," says Rae Moulton Todd of Prescott, located about 100 kilometres south of Ottawa, near the original Bass family farm.

"It is kind of exciting. And

Bass' background

This past summer, historian and author David Fiske traced Bass to southern Ontario. He says he became curious about the man's background after doing some broader research on the book 12 Years a Slave for Fox Searchlight's marketing department in advance of the film's release. He found the link in Sue Eakin's 2007 enhanced version of Solomon Northup's 12 Years a Slave and Plantation Life in the Antebellum South, which included material from the diary of a lawyer Bass hired to draw up a will.

then I turn around and I think, 'He really was a big jerk.' He left his wife and four daughters here to be looked after by whoever."

THE CANADIAN PRESS

Bob Odenkirk gets seriously funny

Nebraska. Comedian reunites with Will Forte for an Alexander Payne dramedy

MATT PRIGGE

Metro World News in New York

Along with David Cross, Bob Odenkirk is responsible for the sketch comedy landmark Mr. Show. But he's done plenty of drama — just the funny kind.

His role as sleazy (but weirdly capable) lawyer Saul Goodman was one of the highlights of Breaking Bad. Nebraska reunites him with SNL favourite Will Forte, who he directed in The Brothers Solomon. But it's a serious comedy — a funny but moving study from Sideways's Alexander Payne of a family whose sons (Forte and Odenkirk) have to deal with an aging, stubborn, alcoholic father (Bruce Dern) who thinks he's won \$1 million. (He hasn't.)

How did you get involved in a dramedy from a major filmmaker that reunites you with Will Forte?

I have auditioned for three of Alexander's films. I read for Sideways, and I read for About Schmidt, and I read for this. I love his work; I'm a huge fan. I felt very confident in playing Ross because I feel like I know him for a number of reasons — not the least because my father had an alcohol problem. My response to the whole experience was not unlike

Ross's, which is anger and lack of forgiveness.

People make a big deal out of comics doing drama and vice versa. How do you feel about that?

I just look at the character and see if I can play him honestly — see if I can relate; see if I can understand where their energy comes from and what they're after. And that's all I concern myself with.

Is drama the same thing as

comedy, generally speaking?

I probably have a harder time playing large on some of those sketch comedy stages that I perform on than I do playing smaller and internalizing. And by the way, Vince Gilligan gave me the role of Saul Goodman because of Mr. Show, not for anything else. I think there's probably a couple things on Mr. Show where you can see the kind of commitment and modulation that a dramatic performance needs to have.

The best of JFK on film

A wide range of actors have played president John F. Kennedy in the movies and on TV, starting even before his assassination 50 years ago. Here, the most memorable:

THE ASSOCIATED PRESS



Cliff Robertson

PT 109, 1963

Released while Kennedy was still in office, the film starred Robertson as a Navy lieutenant in command of Motor Torpedo Boat PT 109 during the Second World War. JFK selected Robertson after viewing his screen test.



Brett Stimely

Watchman, 2009;

Transformers: Dark of the Moon, 2011; Kill the Dictator, 2013; Parkland, 2013

Stimely, who has played Kennedy more than anyone, recalled meeting JFK's niece and sister-in-law, Rory and Ethel Kennedy at the 2012 Sundance HBO party for their doc Ethel. He said, "Ethel thanked me for doing a great job portraying Jack."



Bruce Greenwood

Thirteen Days, 2000

Playing Kennedy during the Cuban missile crisis, Greenwood said he wanted to reflect what might have been JFK's state of mind "and the moment of clarity he had that (Soviet leader Nikita) Khrushchev was as human and terrified of the potential consequences as was Kennedy."



James Marsden

Lee Daniels' The Butler, 2013

Marsden prepared for the role by listening to podcasts of JFK's speeches, and yet getting the Kennedy accent right was "virtually impossible," the actor told Conan O'Brien. "It was a daunting thing stepping into those shoes," he said. After 11 weeks in theatres, the film had made more than \$138 million worldwide.



William Devane

The Missiles of October (ABC movie), 1974

Devane bore a striking resemblance to the president in the television docudrama, which chronicled the Kennedy administration's handling of the Cuban missile crisis. It was loosely based on Attorney General Robert F. Kennedy's book Thirteen Days.



Martin Sheen

Kennedy (NBC miniseries), 1983

Before playing Josiah "Jed" Bartlet, the fictional president on The West Wing, Sheen starred in the five-hour miniseries chronicling JFK's presidency. It aired just two days before the 20th anniversary of the president's assassination. Kelsey Grammar also appeared in it.



Stephen Collins

A Woman Named Jackie (NBC Miniseries), 1991

While recreating Kennedy's inaugural address for this Emmy-winning miniseries, Collins recalled seeing a man who had stopped to watch the filming. "He took off his hat and stared in my direction as if he were seeing a ghost," said Collins.



Patrick Dempsey

J.F.K.: Reckless Youth (ABC movie), 1993

Before saving lives as Dr. Derek "McDreamy" Shepard on Grey's Anatomy, Dempsey wooed 10.8 million viewers as young Kennedy. The movie looked at JFK's childhood years, his young adulthood and his nomination for Congress.



William Peterson

The Rat Pack (HBO movie), 1998

A dashing Peterson embodied JFK in the film focusing on the famous entertainers' circle, offering a glimpse into JFK and Frank Sinatra's wavering friendship. Ray Liotta starred as Sinatra, Joe Mantegna as Dean Martin, Don Cheadle as Sammy Davis, Jr., Angus Macfadyen as Peter Lawford and Bobby Slayton as Joey Bishop.



Tim Matheson

Jackie Bouvier Kennedy Onassis (CBS miniseries), 2000

Playing JFK in the two-part miniseries, which attracted 10 million viewers, was an honour, said Matheson, but also a challenge to find the real person beneath the glamour. "So it was trying to find those human moments beneath all of the monumental things that he said and did."



Greg Kinnear

The Kennedys (Reelz miniseries), 2011

When the four-time Emmy-winning The Kennedys made its world premiere on REELZ, it brought in record viewership for the cable network, reaching 17.5 million viewers in its first month. Katie Holmes played Jackie Kennedy.



Rob Lowe

Killing Kennedy (National Geographic Channel miniseries), aired Nov. 10, 2013.

While researching JFK for the role, Lowe, a father of two, said he was moved by a recording of Kennedy giving dictation when he's interrupted by John, Jr. "Their conversation together was priceless," said Lowe.

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Film's family theme rings true for Cobie

Touched by tale.

Actress says Delivery Man's story of a guy with 533 children has universal appeal

RICHARD CROUSE
scene@metronews.ca

In a recent tweet-a-thon to promote Delivery Man, Cobie Smulders teased that people should go see the film because Chris Pratt gets naked.

"He doesn't get naked," she says a week later, admitting to the fib.

"That was very overwhelming. I had never done that before. There were 9,000 tweets and I didn't know what to do."

The Canadian-born How I Met Your Mother actress stars opposite Vince Vaughn in a remake of Starbuck, a popular French-Canadian film about a man who finds personal redemption when he learns he is the father of 533 children.

"I went into watching Starbuck and then reading this script, like, '533 kids ... from

a sperm donor! What's this going to be?"

"It's still super funny, but I found myself affected by the way he connected with the children. Going out and doing a good deed and having it affect somebody in a positive way. I've always believed when you do good, you get good in return."

The sweet, uplifting message of Delivery Man struck a chord with Smulders, who says she "related to it on a parental level. I'm a mom myself and I think it touched upon so many themes of family."



Cobie Smulders stars in Delivery Man. THE CANADIAN PRESS



Who's the best Batman, Ben? A gutsy five-year-old

Ben Affleck is getting ready to suit up as Batman for Batman vs. Superman, but he's smart enough to know when he's been bested. After the Make-a-Wish Foundation helped transform San Francisco into Gotham City Friday for the benefit of 5-year-old Miles Scott — who quickly became known as Batkid — Affleck took to Twitter to show his support. "Batkid. Best Batman ever," he posted.

Pop Goes the Week

Beckham's big Knight may change Posh's constant scowl



STARGAZING
Malene Arpe
scene@metronews.ca

David Beckham is in line for a knighthood. That explains why his wife, while writing "Lady" 756 times this week had a brief facial expression other than scowling.

A man nails his privates to the ground in the Red Square to protest Russia's devolution into a police state. In unrelated news, Steve-O has been reported missing from his Los Angeles home.

Reasons that Liongate's possible Hunger Games theme park is a really fantastic idea. 1) The Rollercoaster of Random Weapons and Disembowelment is super-fun. 2)



Squirrel on a stick may be neither healthy nor delicious, but it sure is cruel. 3) If your kids go missing while at the park, you can find them at the Lost and Drowned.

Justin Bieber's new song contains the lyrics, "Ooh, you know females/ And how they like to run their mouths." The song continues, "I'm so sorry/ I didn't mean it / I'm too little for corporal punishment/ And my rhymes suck/ #respectyourmothers. This week in tiresome

millionaires: 1) Justin Timberlake complains about critics and says that sometimes he "just wants to bleeping kill everybody." 2) Olsen twin Mary-Kate says that people who don't like her and her sister — purveyors of \$55,000 crocodile backpacks — have "an uneducated perspective." 3) Tom Cruise belatedly scoffs at his own statement that acting sometimes is as hard as fighting in Afghanistan.

Stevie Nicks will guest on American Horror Story. TOO MUCH HAPPINESS.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Lady Gaga. ALL IMAGES GETTY

She may live fast but Gaga's not dying young

Lady Gaga is currently 27 years old, a fateful age for famous musicians, as that's the age at which Jim Morrison, Jimi Hendrix, Janis Joplin, Kurt Cobain and — most recently — Amy Winehouse, passed away. But Gaga insists she won't be joining the 27 Club. "I want to show people that I

will last past 27 and I will last longer, and so will you," she says during an interview with New York radio station Z100. "I want to change this code in the atmosphere that in order to be remembered, I must die young. In order to be remembered as a legend, I must be dead first. This is unhealthy."

What Matters Now London

Tuesday, November 26, 2013 | 6:30 p.m. to 9 p.m.

London's Children Museum, London, Ontario

Moderated by
journalist and broadcaster

Piya Chattopadhyay

This free event is part of a province-wide discussion series featuring researchers from Ontario's universities. This event will be webcast live. Remote viewers can have their say and ask questions via Twitter, using the hashtag **#whatmattersnow**



Ana Sanchez

Brock University
Can we eradicate infectious diseases?



Lorne Dawson

University of Waterloo
How much of a threat are Canadian terrorists?



Bill Anderson

University of Windsor
How do we improve our borderline relationship to the U.S.?



Jody Culham

Western University
How does the brain control the body?



Stephen Perry

Wilfrid Laurier University
How can we maintain mobility into old age?

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Travel tip

All-inclusive is the way to go



IT'S ALL RELATIVE
Kathy Buckworth
kathybuckworth.com

Visiting an all-inclusive

resort located on a hot sandy beach can be the perfect way for families to get fun, sun, and all-you-can-eat buffets designed to satisfy even the pickiest eater. Kids Clubs and a variety of activities for the whole family can keep everyone happy. But beyond the walls of the all-inclusive is likely a new country with history, culture, art, adventure,

and cuisine to discover. Many resorts or vacation providers offer daily or overnight trips which leave from the resort and deliver an easy, hassle-free way to take advantage of the riches of the region. There is usually a selection of active adventure trips, visiting local villages or enjoying a cultural experience such as a museum or theatre.

Families can try local food, shop in markets for authentic goods, try unique physical challenges and contribute to the local economy while learning about the rich history. Transportation and accommodations are arranged for a hassle-free sojourn before returning back to the comfort and relaxation of the all-inclusive.

Exclusively online

- Parenting — it's like being a contestant on Let's Make a Deal. Find out why, and get a great cocktail recipe, at metronews.ca/voices. For the best-selling new mommy gift, pick up Reasons Mommy Drinks, by Lynda Martin Evans and Fiona Stevenson, in bookstores now.

A "now playing the role of..." voice-over is all it takes to swap actors out on daytime soaps. The newbies pick up right where their predecessors left off. Imagine if your family members could be subbed out for telegenic temps...

Here are a few characters who would make excellent temporary relatives

MIKE DOJC/FOR METRO



Pet: Brian Griffin (Seth MacFarlane)

Harry S. Truman once advised getting a dog if you wanted a friend. Pooches offer loyal companionship and unconditional love. You may love them right back, but there's still always the hassle of cleaning up after them and taking them on walks. With Brian, there are no strings attached. He can totally take care of himself, so no poop scooping. Besides, he's a talking dog and incredibly smart. But make sure to lock up your liquor cabinet, as he has a nose for dry martinis.

5

TV characters who could temp with your family



Father: Robert Crawley (Hugh Bonneville)

A dapper well-bred gent, Robert may be a bit of a traditionalist, but at the same time he's always hip to the latest technologies, jumping at the chance to modernize Downton Abbey with electric chandeliers and telephone lines. Most importantly, he's an excellent dad who loves his daughters dearly. While he may initially disapprove when Sybil runs off with the chauffeur or Edith starts writing for the newspaper, he always comes around and eventually accepts decisions they make that further their happiness.

Mother: Rayna James (Connie Britton)

Nashville's Queen of Country — pretty much an amalgam of Reba McEntire, Faith Hill and Tami Taylor from Friday Night Lights — is sweet as tea. Despite decades atop the charts, this big-hearted star remains down to earth. How many other multi-platinum artists do their own grocery shopping? While her man situation can get complicated, she's always protective of her daughters. Her priority is shielding them from any drama. The only downside to having Rayna as a mom would be listening to your friends blather on about your yummy mummy.



Sister: Ann Perkins (Rashida Jones)

A great friend and confidante, Parks and Recreation's Ann Perkins is loyal almost to a fault, always putting the needs of others above her own. Above all, her most unique talent is fading into the woodwork while making other people shine. A top-notch straight woman, having her around will make your jokes seem way more hysterical. Also, considering how well she tolerates the oddball antics of Tom, Chris, Andy et al., you won't have to worry about any of your buddies creeping her out.

Wife: Jess Day (Zooey Deschanel)

The ultimate manic pixie dream girl, Jess is as bubbly as she is beautiful. The textbook definition of "adorkable," she constantly radiates sunshine while rocking Kewpie-doll-cute outfits. She's also loving, loyal and supportive to her circle of friends and is amazing with children. Besides, even Jess' borderline annoying habits of randomly bursting into song or channelling an '80s TV show for an impromptu impression are endearing 99 per cent of the time.



Vanilla-infused Fruity Crème Brûlée makes for light ending

Want a treat after a hearty dinner that isn't too heavy? This crème brûlée with its surprising fruit finish is the perfect choice.

1. Divide berries evenly in bottom of four, oven safe (4 oz/118 ml) ramekins.
2. Spoon 1/3 cup (75 ml) yogurt into each ramekin, over top of berries.
3. Sprinkle yogurt in each ramekin with 1 tbsp (15 ml) sugar.

Ingredients

- 6 tbsp (90 ml) fresh berries (such as raspberries, blueberries or sliced strawberries)
- 1 1/3 cups (325 ml) Yoplait Yop! Greek Yogurt – Va-Va Vanilla Bean
- 4 tbsp (60 ml) granulated sugar or brown sugar, depending on method used for last step



This recipe serves four. JJ THOMPSON

4. Holding kitchen torch 3 to 4 inches (7.5 to 10 cm) away from yogurt, caramelize sugar by heating with torch about 2 minutes, moving flame continuously over sugar in circular motion until sugar is melted

and light golden brown. If you don't have a kitchen torch, you can also use your broiler. The results will be slightly different though and it is recommended that you use brown sugar instead of granulated sugar.

Preheat your broiler. Sprinkle each serving with 2 tsp (10 ml) brown sugar. Place ramekins on a baking sheet and place 4 inches (10 cm) from broiler and broil until sugar is melted.

COURTESY YOPLAIT CANADA

Dessert. Grape Tart



1. Preheat oven to 375 F.
2. Line a 10-inch tart pan with pastry. Arrange grapes snugly in decorative rings in pastry.
3. In an electric mixer combine almond paste, egg, sugar, butter, flour, and salt until smooth to create frangipane.

4. Carefully spread over arranged grapes and bake for 35 minutes, until the tart is golden brown and cooked through. If using a convection oven, bake at 350 F for 30 minutes.

5. When tart is cool, remove from pan and dust with confectioners' sugar. NEWS CANADA

Ingredients

- 1 tart pastry, single crust for 10-inch tart
- 3 1/2 cups red or black seedless California grapes
- 2 oz almond paste
- 1 large egg
- 1/4 cup sugar
- 1/4 cup butter
- 2 tbsp flour
- Pinch salt
- Confectioners' sugar

Pot Stickers have a sweet side

Typically, pot stickers are wonton wrappers filled with pork or shrimp, crisped up in a pan, steamed, re-crisped, then served with a dipping sauce.

These Blueberry Pot Stickers take the savoury bites and turn them into a sweet snack.

1. In blender, combine 1 cup of blueberries, the yogurt, orange liqueur (if using), 1 tablespoon of the sugar, and 2 teaspoons of the lemon juice. Purée until very smooth, then set aside.

2. In bowl, toss heaping cup of remaining blueberries with remaining tablespoon of sugar and 2 teaspoons of lemon juice.

3. Spread out 4 wonton wrappers on work surface, keeping rest covered with plastic wrap. Place small mound of sugared blueberries in centre of each.

4. To form dumplings, brush the edges of wrappers with water. You can use a pastry brush, but it's also easy to just dunk your finger in a glass of water and rub it along the edges of the wrappers.

5. Lift 2 opposite sides of each wrapper up and press together above centre of blueberry

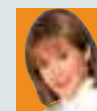


This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

mound. Bring other two opposite sides up and press them together. This should form a little box with blueberries inside. Pinch wrapper together very tightly at seams to make sure they are well sealed. Repeat with the remaining blueberries and wrappers.

Healthy eating

Choose it and lose it



ROSE REISMAN
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her on twitter @rosereisman

Who doesn't love street meat? When you're on the go, it's a great lunch solution — but the wrong choice will have you filling up on calories and fat.



Sausage on bun with fried onions, cheese sauce, peppers

887 calories/55 g fat

Street vendors selling greasy sausages will put your blood pressure and cholesterol off the charts.

Equivalent

A sausage on a bun with fried onions, cheese sauce and peppers is equal in calories to nine M&M Meat Shop mesquite steaks.



2 hot dogs on small buns with mustard, relish and ketchup

388 calories / 22 g fat

You're better off enjoying two small hot dogs with half the fat and calories.



this point the wonton wrappers should look somewhat translucent and cooked. If they don't, add a little more water and steam for 2 minutes.

7. Remove the lid and continue to cook until the water has completely evaporated and the bottoms of the pot stickers are crisp and golden. Gently loosen the pot stickers and divide between 4 dessert plates. Sprinkle lightly with powdered sugar and top each plate with a small scoop of frozen yogurt. Garnish with the remaining blueberries and mint. THE ASSOCIATED PRESS/ SARA MOULTON, AUTHOR OF SARA MOULTON'S EVERYDAY FAMILY DINNERS.

Ingredients

- 3 cups blueberries, divided
- 1/4 cup nonfat plain Greek yogurt
- 2 tbsp orange liqueur (optional)
- 2 tbsp sugar, divided
- 4 tsp lemon juice, divided
- 16 square wonton wrappers
- 1 tbsp vegetable oil
- Powdered sugar and mint sprigs, to garnish
- 1 cup low-fat vanilla frozen yogurt

Is it loopy to keep cursive in class?

Put down your pencils. As cursive writing loses steam in schools across North America, experts way in on the pros and cons of a former classroom staple

The swirling lines from Linden Bateman's pen have been conscripted into a national fight to keep cursive writing in the classroom.

In years gone by, cursive helped distinguish the literate from the illiterate.

But now, in the digital age, people are increasingly communicating by computer and smartphone. No handwritten signature necessary.

Call it a sign of the times. When the new Common Core educational standards were crafted in the U.S., penmanship classes were dropped. But at least seven of the 45 states that adopted the standards are fighting to restore the cursive instruction.

The argument for cursive

Bateman, a 72-year-old state representative from Idaho, says cursive conveys intelligence and grace, engages creativity and builds brain cells.

"Modern research indicates that more areas of the human brain are engaged when children use cursive handwriting than when they keyboard," said Bateman, who handwrites 125 ornate letters each year. "We're not thinking this through. It's beyond belief to me that states have allowed cursive to slip from the standards."

Why was it dropped?

U.S. state leaders who de-



Cursive writing is no longer being taught in many schools in the U.S. as some 45 states have adopted Common Core standards, which have eliminated the teaching of cursive writing. AL BEHRMAN / THE ASSOCIATED PRESS

veloped the Common Core — a set of preferred K-12 course offerings for public schools — omitted cursive for a host of reasons, including an increasing need for children in a digital-heavy age to master computer keyboarding and evidence that even most adults use some hybrid of classic cursive and print in everyday life.

"If you just stop and think for a second about what are the sorts of skills that people are likely to be using in the future, it's much more likely that keyboarding will help students succeed in careers and in school than it is that cursive will," said Morgan Polikoff, an assistant professor

of K-12 policy and leadership at the University of Southern California.

The movement to have cursive restored

U.S. states that adopted Common Core aren't precluded from deviating from the standards. But in the world of education, where classroom time is limited and performance stakes are high, optional offerings tend to get sidelined in favour of what's required.

That's why at least seven states — California, Idaho, Indiana, Kansas, Massachusetts, North Carolina and Utah — have moved to keep the cursive requirement. Legislation passed in North Carolina

and elsewhere couples cursive with memorization of multiplication tables as twin "back to basics" mandates.

Cursive advocates cite recent brain science that indi-

cates the fluid motion employed when writing script enhances hand-eye co-ordination and develops fine motor skills, in turn promoting reading, writing and cognition

What are the implications?

Adults unable to write cursive might think back to the experiences of Jacob Lew when President Barack Obama nominated him as treasury secretary in 2013.

- As treasury secretary, Lew's signature would be on U.S. currency. But that signature looked more

like a series of loops than the distinct letters in his name.

- "Jack assured me that he is going to work to make at least one letter legible in order not to debase our currency," the president joked at the time.

Not so fast!

"We're not thinking this through. It's beyond belief to me that states have allowed cursive to slip from the standards."

Linden Bateman
U.S. state representative, Idaho

skills.

They further argue that scholars of the future will lose the ability to interpret valuable cultural resources — historical documents, ancestors' letters and journals, handwritten scholarship — if they can't read cursive. If they can't write it, how will they communicate from unwired settings like summer camp or the battlefield?

"The Constitution of the United States is written in cursive. Think about that," Bateman said.

What do the students and teachers think?

All the fuss seems a bit loopy to certain members of gens X, Y and Z — which have diverged increasingly from handwriting to computers.

The volume of first-class mail at the U.S. Postal Service fell in 2010 to its lowest level in a quarter-century, just as computer use — and the keyboarding it involves — was surging.

Some 95 per cent of teens use the Internet, and the percentage using smartphones to go online has grown from 23 per cent in 2011 to 37 per cent today, according to the Pew Research Center. A 2012 Pew report found the volume of text messages among teens rose from 50 a day on average in 2009 to 60 a day on average two years later.

THE ASSOCIATED PRESS

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OHL

Knights take two Ws on weekend

The London Knights picked up two weekend wins on the road, beating the Kingston Frontenacs 4-2 on Friday and the Belleville Bulls 6-3 on Saturday.

Both victories came despite a 15-game suspension doled out to Matt Rupert on Friday afternoon. Rupert was banished for a vicious Nov. 8 headshot to the Barrie Colts' Kevin Lablanc.

The Knights have won seven of their past eight games and are undefeated in November.

They play two home games this week: Friday against the Erie Otters and Saturday against the Windsor Spitfires. **METRO**

NHL

Blue Jackets' power play smothers Senators

R.J. Umberger had the eventual winner as the Columbus Blue Jackets scored three straight power-play goals on Sunday to defeat the Ottawa Senators 4-1.

Ryan Johansen and Fedor Tyutin also scored with the man advantage for Columbus (7-10-3), while Derek MacKenzie scored at even strength. Sergei Bobrovsky stopped 30 shots for the win.

Erik Karlsson scored the lone goal for the Senators (8-8-4) in the third period. Craig Anderson made 18 saves for Ottawa.

Trailing 3-0 to start the third, things got even worse for the Senators as MacKenzie made it 4-0 at the five-minute mark of the third.

THE CANADIAN PRESS

Lightning's fortune, attitude changing

NBL Canada. London club letting go of championship past, focusing on new season, 'better league'



DAVE LANGFORD
dave.langford@metronews.ca

A somewhat subtle change in London Lightning philosophy may have led to the team's recent on-court success.

General manager Taylor Brown said as much Sunday before the Lightning's third win in a row, a 127-102 victory over the Mississauga Power in front of 2,242 spectators at Budweiser Gardens.

The Lightning, after a 0-2 season start that included a disheartening home-opener loss to the Power, have now reeled off four wins in a row and the final three have been of the impressive variety.

Two of those wins were Friday at home against Windsor (108-84) and Saturday in Brampton (107-93).

Rookie Maurice Bolden led the Lightning with 26 points on Sunday. As was the case all weekend, a resurgent Gabe Freeman was near the top of the scoring parade. He had 24 points and has been a force after some tough early games.

"We kind of came in (to the season) a little bit soft to be honest with you," Brown said in explaining the team's change in attitude. "Might have been my fault and Michael Ray's fault, talking about the



London Lightning forward Maurice Bolden drives to the basket against the Mississauga Power's Tyler Murray during Sunday's game at Budweiser Gardens. ANGELA MULLINS/METRO

On Sunday

127	102
Lightning	Power

championships and the three-peat and all this kind of stuff.

"We have stopped all that talk. It's a new season, it's a new game, better league."

Taylor said the change in attitude has been organization-

wide and extends to everything on and off the court, including practices and team meetings.

Whatever the change, it's definitely for the better and to this point, the on-court staffing changes have been minimal. But one new player, Jason Forte, is making a large difference, Brown said.

"Just the intensity, the fire. I think Jason Forte has brought a lot of that. I knew bringing him in that he wasn't going to score 30 points a game, but he changes the whole dynamic of the game," Brown said. "He's a

tough player, he's a leader."

The Lightning have a another busy week ahead with games Thursday and Saturday in Mississauga and Windsor and a home game at the Budweiser Gardens at 2 p.m. Sunday against the Ottawa Skyhawks.

Brown said they have not finished tinkering with the roster and a change may come as early as Monday, making room for newly-signed guard Maurice Carter.

Canadian Greg Surmacz sat out his third straight game Sunday with a shoulder injury.

Burris buries Argos as Ticats land in Grey Cup



Argos quarterback Ricky Ray, left, talks with Hamilton's Henry Burris on Sunday in Toronto. THE CANADIAN PRESS

Two years after being told by the Calgary Stampeders he wasn't good enough, Henry Burris is returning to the Grey Cup.

The 38-year-old quarterback rallied the Hamilton Tiger-Cats from a 14-point deficit en route to a wild 36-24 win over the Toronto Argonauts in the East Division final Sunday afternoon.

Burris cut Toronto's half-time lead to 24-17 with a late TD strike, then led Hamilton to a 27-24 advantage heading into the fourth. After watching Argos star quarter-

CFL playoffs

36	24
Tiger-Cats	Argonauts

back Ricky Ray tear it up in the first half, Burris outperformed Ray in the second to lead Hamilton to its first Grey Cup berth since '99.

"Somebody pinch me, I still think I'm dreaming

right now," Burris said. "For the past four years I've been through a lot, guys."

"One organization told me, basically, I wasn't good enough and traded me to Hamilton. And during the course of this year people doubted what I could do and to come out here with our team and accomplish this is huge."

Burris's 14-yard TD pass to Greg Ellingson capped a 68-yard march to open the second half and made it 24-24. Burris then drove Hamilton to set up Luca Congi's 23-

yard field goal for a 27-24 lead entering the fourth.

Burris was especially cool when Hamilton took possession at its own 38 with 6:55 remaining. He marched the Ticats to the Toronto 14-yard line — hitting Bakari Grant for 25 yards on second-and-19 — to set up Congi's 20-yard boot to make it 30-24 with 1:14 left.

Hamilton will face Saskatchewan in the Grey Cup next Sunday after the Roughriders upset Calgary 35-13 in the West final.

THE CANADIAN PRESS

'Stangs perfect season ends with big loss to Dinos

CIS football. Calgary defence delivers punishing hits on Finch as Western attack sputters in semifinal



DAVE LANGFORD
dave.langford@metronews.ca

Western Mustangs coach Greg Marshall summed up Saturday's Mitchell Bowl loss in one sentence: "It's one of those games where everything that could go wrong did go wrong."

The previously undefeated Mustangs dropped the CIS semifinal match 44-3 to the Calgary Dinos.

Calgary moves on to face No. 2-ranked Laval Rouge in the Vanier Cup championship game Nov. 23. Both teams are 11-0.

Western, meanwhile, will be left to look back on an incredible, record-setting season that ended on a sour note. The Mustangs' Saturday performance was nowhere near what fans have become used to this year.

They had eight turnovers — four fumbles, two interceptions and twice on downs.

Yannick Harou's 17-carry, 87-yard performance was tops for Western on the ground, while Brian Marshall was the Mustangs' top receiver with three catches for 45 yards.

Dinos running back Mercer Timmis, meanwhile, posted

139 yards on 16 carries.

Western went into the game with the country's top offence, but quarterback Will Finch was hassled relentlessly by a physical Calgary defence.

Finch, who was injured late in the second, but returned in the third, completed only nine of 20 passes for 105 yards.

"It started with Will right off the get-go; he kind of pulled that hip and he wasn't the same," Marshall said. "They gave it to us on special teams, they gave it to us on defence, and we dropped the ball."

"Sometimes when things go sideways like that it's hard to get it back on the rails."

Calgary and Western were facing each other for the first time since the 1995 Vanier Cup.



Mustangs quarterback Will Finch is sacked by University of Calgary Dinos' Tanner Doll during the first half of Saturday's Mitchell Bowl in Calgary. JEFF MCINTOSH/THE CANADIAN PRESS

Olympics

WADA suspends Russian drug lab

The International Olympic Committee has guaranteed the "integrity" of the drug-testing program at the Sochi Winter Olympics on Sunday after a Russian anti-doping laboratory was provisionally suspended and given a Dec. 1 deadline to improve the reliability of its results.

If the World Anti-Doping Agency-accredited Moscow lab doesn't follow disciplinary recommendations, it won't be allowed to provide testing facilities for February's Games.

THE ASSOCIATED PRESS

NASCAR

Johnson adds another title

Back on top with only two NASCAR greats left to catch, Jimmie Johnson won his sixth championship in eight years Sunday.

Johnson was on cruise control at Homestead-Miami Speedway, where he needed only to finish 23rd or better to wrap up the title.

THE ASSOCIATED PRESS

NFL. Steelers swarm Martin, Lions in Steel City

His explosive offence sputtering, Detroit Lions coach Jim Schwartz didn't give the ball to Matthew Stafford or Calvin Johnson or Reggie Bush.

Instead, Schwartz put it in the hands of a 205-pound rookie punter on a soggy field with 11 guys running at him.

The calculated risk led to an unmitigated disaster.

Sam Martin fumbled while trying to convert a fake field goal early in the fourth quarter and the Pittsburgh Steelers responded to the reprieve by scoring two touchdowns in the final five minutes to stun the ever erratic Lions 37-27 on Sunday.

"I don't regret anything that happens in the game," Schwartz said. "We're going to do our very best to win the football game. We didn't make enough plays to win this one, including that one."

The Lions were nursing a four-point lead when kicker David Akers ran out to attempt a 27-yard field goal. Martin took the snap then tried to find room over the right side for the five yards necessary for a first down. He didn't quite get there, and the ball came rolling out after Martin was slammed by Steelers nose tackle Steve McLendon.



Antonio Brown, left, celebrates his touchdown with teammate Ben Roethlisberger on Sunday in Pittsburgh. JOE SARGENT/GETTY IMAGES

"I got hit by a 350-pound man," Martin said. "I don't think I had the first down, but regardless that guy made a great play. You have to give them credit. When you looked at it initially, it was a big hole."

Instead of getting a first down or going up by seven, the Lions gave the Steelers the ball with momentum. Pittsburgh responded with a 97-yard touchdown drive that helped keep Detroit (6-4) winless in the Steel City 58 years and counting. Matthew Stafford passed for 362 yards and two touchdowns but also threw a late interception during a bumbling second half. THE ASSOCIATED PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Tampa Bay	20	14	6	0	64	50	28
Boston	19	12	6	1	53	36	25
Toronto	20	12	7	1	57	47	25
Detroit	21	9	5	7	54	60	25
Montreal	21	10	9	2	52	45	22
Ottawa	20	8	8	4	58	62	20
Florida	21	5	12	4	46	70	14
Buffalo	22	5	16	1	41	68	11

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Washington	21	12	8	1	69	59	25
Pittsburgh	20	12	8	0	56	47	24
NY Rangers	19	10	9	0	42	49	20
Carolina	20	8	8	4	39	55	20
New Jersey	20	7	8	5	42	49	19
NY Islanders	21	8	10	3	61	68	19
Columbus	20	7	10	3	52	57	17
Philadelphia	19	7	10	2	35	48	16

Sunday's results

Columbus 4 Ottawa 1
Washington 4 St. Louis 1
Los Angeles at NY Rangers
San Jose at Chicago
Dallas at Vancouver
Winnipeg at Minnesota
Saturday's results
NY Rangers 1 Montreal 0
NY Islanders 5 Detroit 4 (SO)
Toronto 4 Buffalo 2

MLS PLAYOFFS

CONFERENCE CHAMPIONSHIPS

(Two-game series)

EASTERN CONFERENCE

KANSAS CITY VS HOUSTON

Leg 1 — Saturday, November 9
Houston 0 Kansas City 0
Leg 2 — Saturday, November 23
Houston at Kansas City, 7:30 p.m.

WESTERN CONFERENCE

REAL SALT LAKE VS PORTLAND

Leg 1 — Sunday, November 10
Real Salt Lake 4 Portland 2
Leg 2 — Sunday, November 24
Real Salt Lake at Portland, 9 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	20	13	3	4	73	60	30
St. Louis	19	13	3	3	66	46	29
Colorado	19	14	5	0	59	41	28
Minnesota	20	12	4	4	53	43	28
Dallas	19	10	7	2	56	55	22
Winnipeg	21	10	9	2	56	59	22
Nashville	20	9	9	2	46	63	20

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	22	15	5	2	71	56	32
San Jose	20	13	2	5	71	45	31
Phoenix	21	14	4	3	73	66	31
Los Angeles	20	13	6	1	57	46	27
Vancouver	21	11	7	3	55	56	25
Calgary	20	6	11	3	54	75	15
Edmonton	22	5	15	2	53	83	12

Note: Two points for a win, one point for overtime loss.

New Jersey 4 Pittsburgh 1

St. Louis 4 Carolina 2
Phoenix 6 Tampa Bay 3
Nashville 7 Chicago 2
Florida 4 Colorado 1
Edmonton 4 Calgary 2
Monday's games — All Times Eastern
Boston at Carolina, 7 p.m.
Anaheim at Pittsburgh, 7:30 p.m.
Calgary at Winnipeg, 8 p.m.

CFL PLAYOFFS

DIVISION FINALS

EAST DIVISION

Sunday's result

Hamilton 36 Toronto 24

WEST DIVISION

Sunday's result

Saskatchewan 35 Calgary 13

101st GREY CUP

Sunday, Nov. 24 — All Times Eastern

Hamilton vs. Saskatchewan-Calgary winner, 6 p.m.

DIVISION SEMIFINALS

Sunday, Nov. 10

Hamilton 19 Montreal 16 (OT)

Saskatchewan 29 B.C. 25

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Indiana	9	1	.900	—
Miami	7	3	.700	2
Chicago	5	3	.625	3
Philadelphia	5	6	.455	4 1/2
Atlanta	6	4	.600	3
Charlotte	5	5	.500	4
Orlando	4	6	.400	5
Detroit	3	5	.375	5
Toronto	4	7	.364	5 1/2
Boston	4	7	.364	5 1/2
Cleveland	4	7	.364	5 1/2
New York	3	6	.333	5 1/2
Brooklyn	3	6	.333	5 1/2
Washington	2	7	.222	6 1/2
Milwaukee	2	7	.222	6 1/2

WESTERN CONFERENCE

	W	L	Pct	GB
San Antonio	9	1	.900	—
Portland	8	2	.800	1
L.A. Clippers	7	3	.700	2
Golden State	7	3	.700	2
Oklahoma City	6	3	.667	2 1/2
Houston	7	4	.636	2 1/2
Minnesota	7	4	.636	2 1/2
Dallas	6	4	.600	3
Phoenix	5	4	.556	3 1/2
Memphis	5	5	.500	4
Denver	4	5	.444	4 1/2
New Orleans	4	6	.400	5
L.A. Lakers	4	7	.364	5 1/2
Sacramento	2	7	.222	6 1/2
Utah	1	10	.091	8 1/2

Sunday's results

Portland 118 Toronto 110
Memphis 97 Sacramento 86

Detroit at L.A. Lakers

Saturday's results

Dallas 108 Orlando 100

Cleveland 103 Washington 96

Miami 97 Charlotte 81

Atlanta 110 New York 90

New Orleans 135 Philadelphia 98

Minnesota 106 Boston 88

Houston 122 Denver 111

Chicago 110 Indiana 94

Oklahoma City 92 Milwaukee 79

L.A. Clippers at Brooklyn, 8 p.m.

Golden State 102 Utah 88

Monday's games — All Times Eastern

Portland at Brooklyn, 8 p.m.

Charlotte at Chicago, 8 p.m.

Denver at Oklahoma City, 8 p.m.

Philadelphia at Dallas, 8:30 p.m.

Golden State at Utah, 9 p.m.

Memphis at L.A. Clippers, 10:30 p.m.

Horoscopes

Aries

March 21 - April 20

From this week things can only get better. No, really! Keep telling yourself that your luck is on the turn and in a matter of days you will be seeing concrete evidence that it is.

Taurus

April 21 - May 21

The lesson you need to learn this week is that not even a Taurus can do it all on their own.

Gemini

May 22 - June 21

The more you give the more you get in return. That applies to all aspects of your existence but especially to partnerships of a personal nature.

Cancer

June 22 - July 23

What can you do to make a loved one's life more enjoyable? You are well aware they have made sacrifices for you, now you must consider what they need from you in return.

Leo

July 24 - Aug. 23

It may be frustrating that so many little things are going wrong but don't let it get to you. Come the end of the week a new phase will begin and suddenly it will all start going right for you again – the little things and the big things.

Virgo

Aug. 24 - Sept. 23

You know you cannot escape from the consequences of your actions so don't waste time trying.

Libra

Sept. 24 - Oct. 23

In every enterprise there comes a time when you have to choose whether to carry on and give it your all or admit that it no longer inspires you and call it a day.

Scorpio

Oct. 24 - Nov. 22

An issue you have been avoiding has now to be faced. You have just four days to get your act together and resolve the situation – after that the matter will be taken out of your hands.

Sagittarius

Nov. 23 - Dec. 21

A few days from now the Sun will enter your sign and a new cycle will begin. Before then you must tie up loose ends, be they personal or professional, that might hold you back.

Capricorn

Dec. 22 - Jan. 20

Make the most of the Sun's final few days in the friendship area of your chart to have fun with people whose outlook and interests match your own.

Aquarius

Jan. 21 - Feb. 19

You have a tendency to say what is on your mind, even when it might be wise to stay quiet, and someone in authority won't be amused by your honesty today.

Pisces

Feb. 20 - March 20

For some reason you have started to doubt a colleague's loyalty but what happens over the next few days will reassure you they are still on your side.

SALLY BROMPTON

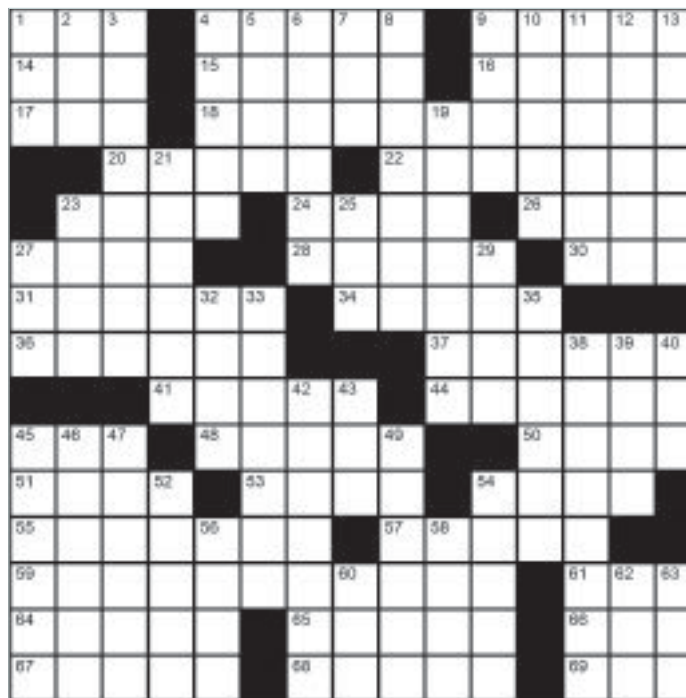
Crossword: Canada Across and Down

Across

- Cdn. place to buy stuff on TV
- Actress Cheryl, and surnamesakes
- Peru's past persons
- Manfred Mann's "Do __ Diddy Diddy"
- Towards-the-rear
- Actor Peter O'Who?
- Will Smith movie
- Wilderness-sub-sisting show starring Canadian Les Stroud
- __ Gritty Dirt Band
- Some windows
- Becomes soaked wet
- Swag
- Identical
- Jimmy __ (Shoe designer)
- Blackthorn fruits
- Canada, HMCS
- ...The States, __
- __ Nogait National Park, NWT
- Good __
- Trojan War advice-giver
- Moviedom's Mr. Mulrone
- Namesakes of Canadian musician Mr. Juvanen, aka Bahamas
- Fork over dough: 2 wds.
- "You're it!" game
- Tutu textile
- Finale
- Stare
- Baseball great

Down

- Ex-airline
- Mr. Mineo
- No, in slang
- Farm female
- Tees' predeces-sors
- Patricia of movies, and others
- Chem. ending
- Coca-Cola guru Mr. Candler, and others (b.1851 - d.1929)
- Blunders
- Paris bridges
- Terrain of trains and tracks: 2 wds.
- Method
- This planet



Friday's Crossword

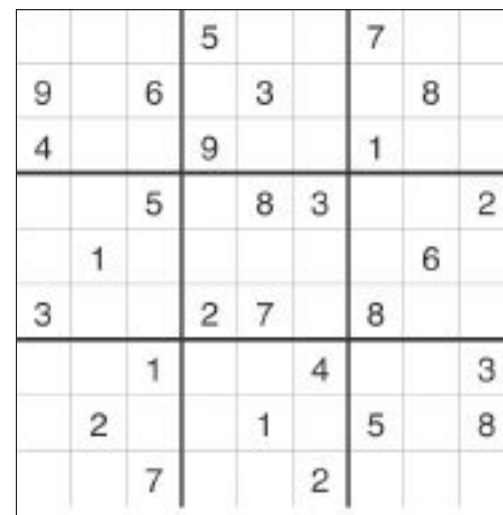
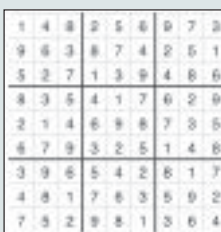


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

- The Black Eyed Peas
23. Elisabeth of "CSI: Crime Scene Investi-gation"
25. 'Motor' suffix
27. Type of package [abbr.]
29. Steve Winwood's "While You __ Chance"
32. Big sch. in Canada's largest city, __-__-
33. "Lay It on the Line" Canadian band
35. Most sardonic
38. British Columbia range, __ Mountains
39. Lute-like instru-ments
40. "Private Dancer" singer's initials-sharers
42. Skin stuff
43. Tricky
45. Certain candy
46. Ancient shopping spots
47. Adhesive appliers
49. Spain, in Spanish
52. A-list
54. Tennis great Mr. Roddick's
56. "Icky-pool!" equivalents
58. Kind of agree-ment
60. Saskatoon's airport code
62. Have
63. Tiny

Today 6°/-2° Rain and snow 40%
Tuesday 4°/-3° Partly cloudy
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